

FDA Pointe Shoe Policy

- Evaluations are \$35 charged to your account.
- No dancing at home or anywhere else before your teacher okay's you to do so (No Photoshoots yet!)
- Pointe shoes break down at varying rates based on a dancer's technique and anatomy. When your dancer's shoes are starting to die, your teacher will reach out via email a few weeks in advance so that arrangements can be made to get new shoes. If a dancer is dancing on their shoes past the point of safety, they will not be allowed to wear them in class. There is no perfect estimate for when a dancer will need new shoes, but it could range anywhere from 3-8 months. If a dancer has a solo or is doing extra performances in the shoes, they may die even faster.
- Your teacher may require you to schedule a 30 minute private to sew your shoes if there are issues with the way they were sewn or if you never have had one before.
- With dancing en pointe, it is integral to the safety and progress of the dancer that they have regular attendance. If a dancer misses pointe class, they must make the class up by taking barre en pointe during Ballet V, drop in to Ballet III or IV, or schedule a private with their ballet teacher. If a student is continually absent from pointe and not able to make it up, they may not be allowed to perform in their pointe shoes in the next performance.
- Dancers are required to take 2 ballet classes per week (either on top of taking pointe or including pointe) on separate days of the week.
- Dancers will begin working only at the barre in their pointe shoes, then progress to center barre, and finally full center over the course of their first year en pointe. Most dancers will not perform en pointe for a year. Dancers must be able to fully press over the box in safe alignment with stacked joints before they are allowed to move to center or perform en pointe.

Please sign below to indicate that you and your dancer understand these policies for pointe shoes:

Parent/Guardian Signature: _____

Dancer/Student Signature: _____

Email: _____

Phone number: _____