

BALLET 2 (9-11 yrs)

ORDER OF CLASS: barre, adagio, waltz/enchainement, petite allegro, grand allegro, reverence

BARRE ETIQUETTE:

- proper spacing at barre
- gentle touch, fingertips on barre
- waiting at the barre with arms en bas with head looking away from the bar at beginning and ending of combination
- preparation on the 5,6,7,8 of the music at barre
- correct rotation to other side of barre in combinations: plie, sous sous, soutenu, roll through feet 5th other side
- begin to work within 5th position
- order of barre [plié (begin to execute grand plié), tendu, dégagé, rond de jambe, passé, piqué, attitude, arabesque, stretch, battement]
- introduce port de bras
- counting the music
- ballet fingers
- being able to see your fingers in peripheral vision in 5th position
- core alignment/no anterior pelvic tilt

LEARN

- 8 Body Directions
 1. croisé devant
 2. croisé derrière
 3. à la seconde
 4. epaulé
 5. écarté
 6. effacé
 7. à la quatrième devant
 8. à la quatrième derrière
- Introduce de cote, en avant, en arrière, devant, derrière, a la seconde

Adagio:

- temp lie in 5th

Waltz/Enchainment:

- piqué turns
- chaines turns

Petite Allegro:

- sautes in 5th
- échappés with change
- glissade

Grande Allegro:

- grande jete (only– no saute chat)
- cabrioles
- saute arabesque

- Continue learning to count the music

- Continue to enforce proper across the floor etiquette—quiet on the sides (no talking when dancers are going or when the teacher is talking)

MASTER

- Ballet 1 barre

- plié (demi), tendu, dégagé, passé, piqué, arabesque, battement

- Directional terms:

- devant, à la seconde, derrière
 - sous sous & soutenu

- Turns:

- single pirouette from 4th position

- Jumps:

- sautes in 1st and 2nd

- Center:

- balance without poly dots
 - execute pas de bourrée easily
 - temp lie in 1st

- Across the floor etiquette